



The IHF Virtual Academy presents:

2nd IHF Live Online Symposium 2021 for Coaches and Referees worldwide!

Development trends of the game: consequences on training methods for coaches, tactical training for referees

“Higher quality in the game” – that has been our conclusion of the World Championship in Denmark and Germany two years ago. Now that 108 matches of the 2021 World Championship in Egypt have been played, we can say that even under these challenging external circumstances, we have witnessed yet another increase in quality in international handball!

In this 2nd IHF Live Online Symposium we want to deal specifically with crucial tendencies of the game.

- For coaches in competitive, youth and talent training, they will be presented and processed in a methodological way.
- For referees, various current topics concerning their tactical education are offered, which will be useful for their observation and decision-making tasks.

Thursday,
June 17, 2021



2.00 p.m. – 3.30 p.m. CEST
(Central European Summer Time)

Nabeel Taha, IHF CCM Lecturer

Mental toughness and tactical discipline

Mental toughness and tactical discipline are one of the important elements of the mindsets of top handball players. Those two elements need to be presented, taught and developed. In this presentation, we will go through the process of preparing your athletes, both individually and collectively to be ready for top competitions facing challenges of tough situations during the games. It is the mental game of handball.

Friday,
June 18, 2021



2.00 p.m. – 3.30 p.m. CEST

*Gabriel Bourguignon, goalkeeper coach USAM Nimes
(1st division France)*

Professional goalkeepers' preparation for the LNH competition (men's 1st division)

1st part: specific physical preparation during the competition

2nd part: tactical match preparation

- the preparation is organised in cooperation with the defence: main tactical intentions.
- Based on the analysis of the opponent (strengths and weaknesses), we will explain how to make tactical decisions using video and written examples of goalkeepers in different positions.

Saturday,
June 19, 2021



2.00 p.m. – 3.30 p.m. CEST

Jorge Duenas, IHF CCM Member/Head Coach BRA (women)

Defence against line players

In recent years, we have seen great developments regarding the line player position. More and more often, these players are tall, weigh up to 120 kg, and have a very long arm span. If two players operate at the line, for example during seven-against-six attacks, defending the line players becomes even more challenging. Furthermore, crucial rule interpretations and guidelines have to be taken into account.

Jorge Duenas, CCM member and head coach of Brazil's women's national team, explains possibilities of successfully defending line players.

Thursday,
June 24, 2021



2.00 p.m. – 3.30 p.m. CEST

Jochen Beppler, IHF Analyst/Head coach – younger age categories, German Handball Federation

New role of the line player in modern handball

Will line players be nominated as the most valuable player of a World Championship in the future? As a matter of fact, almost every offensive action in today's top handball is supported by targeted tactical actions of the line players.

In this webinar, not only direct and indirect blocks will be explained, but also so-called supporting line player movements. These are new and important tasks in tactical offensive play against 6-0 formations that dominate today's defensive systems. The objective is to further develop the tactical profile of line players in modern handball, which can be an important guidance for all categories, but for youth and talent training in particular.

Friday,
June 25, 2021



2.00 p.m. – 3.30 p.m. CEST

David Gröger, Head Coach Athletic Training German Handball Federation

The overarm throw, the sniper among the throws!

How to improve throwing velocity and protect the shoulder

A deep dive with David Gröger – National S&C for the German Handball Federation – into physical requirements for this type of throw. Learn how to design and plan a proper strength and power training and what surprising co-factors can also have an impact on throwing performance.

Thursday,
July 1, 2021



2.00 p.m. – 3.30 p.m. CEST

Paul Landuré, IHF CCM Member

Quick and right decision of the attacker

The speed game has developed over the past years in all categories. Playing with the right timing and in the right space guarantees successful attacking play. Specific training situations with adapted rules can improve quick and right decision-making.

1st part – game observation

2nd part – training exercises with adapted rules

Friday,
July 2, 2021



Saturday,
July 3, 2021



2.00 p.m. – 3.30 p.m. CEST

Michael Apelgren (SWE), six times champion in a row with Elverum (NOR) and champion with Sävehof (SWE) this year/ Per Morten Sodal, PRC Lecturer

Attacker faults – criteria and philosophy.

What is an attacker fault and what is not?

In this lecture we will look at different types of situations where attacker faults are an issue. What is the right decision and how can the referees spot it? We will also look at some new trends, e.g., when defenders use the shoulder as first point of contact, and also how the referees should react to Hollywood actions and provocations from the defenders.

2.00 p.m. – 3.30 p.m. CEST

Mats Olsson, IHF CCM Member/Goalkeeper Coach Norway
Tendencies in goalkeeping – tactical behaviour in breakthrough situations

In this lecture, key tendencies in the development of goalkeeper behaviour are explained based on the analysis of the 2021 World Championship in Egypt. The development of the individual technical-tactical skills of the attackers plus the tactical developments of the game and rule interpretation caused the saving effectiveness of the goalkeepers to steadily decrease.

Nevertheless, outstanding goalkeeper performances can decide the outcome of matches. An important aspect of this topic is the technical-tactical behaviour of goalkeepers in breakthrough situations, i.e., open shots from the wing or the line or after successful breakthroughs by back players, especially in the space between number one and two defenders. This is an important emphasis in the training and education of goalkeepers in all categories.

Thursday,
July 8, 2021



2.00 p.m. – 3.30 p.m. CEST

Thierry Anti, Head Coach PAUC Handball (1st division France) and president of the European Professional Coaches Association
Which handball do we expected for the future?

Some game situations that are difficult to analyse and to manage by the player, referee, and coach are more and more frequent in today's game.

Handball is a spectacular and attractive sport: individual and collective duels happen at high speed and body contact, which is a part of the game, must remain under control by the different actors.

- How will the game evolve?
- Which types of mistakes can we tolerate in the future?
- Some game situations, in particular body contact, are worth discussing and sometimes lead to different points of views.

Friday,
July 9, 2021



2.00 p.m. – 3.30 p.m. CEST

Oh Seong Ok, IHF-Analyst and former national coach youth national team of Korea

The importance of pass feints in modern handball

In recent years, the repertoire of shot, pass, and body feints in one-against-one plays has evolved greatly.

Based on a comprehensive analysis of the 2021 World Championship in Egypt, Korean top coach and member of the IHF Analyst Team Oh Seong Ok analyses objectives and value of pass feints in different situations.

She explains nine different situations with pass feints and provides methodological recommendations for individual and cooperative training in attack based on numerous video examples. One important emphasis will be put on the cooperation between back and line players.